

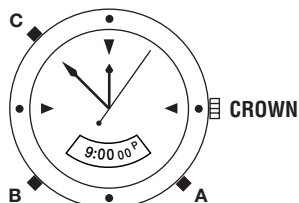
Armitron®

All-Sport™

WATCH INSTRUCTIONS

T205 (5ATM)

20/1299, 20/1301BLU, 20/1387BLU, 20/1427BLU, 20/1441BLU, 20/1443BLU, 20/1451GMG, 20/1513BLU








FEATURES

- Conventional Analog Display with Sweep Second Hand
- Time Telling Mode (Hours, Minutes, and Seconds)
- Calendar Mode (Month, Date, and Day)
- 12/24 Hour (Military Time)
- 24 Hour Alarm
- Chronograph Mode with Lap Time to 1/100th of a Second
- Hourly Chime: One 'Beep' sound every full Hour
- Water Resistant as indicated on the watch




SETTING ANALOG TIME

1. Carefully pull Crown out all the way and turn in either direction until desired time is displayed.
2. Carefully push Crown back in all the way to resume time keeping.




SELECTING DIGITAL FEATURES

1. Time Telling Mode displays Hours, Minutes, and Seconds. 
2. From Time Telling Mode, press 'C' once. 24 Hour Alarm Mode appears. 
3. Press 'C' again. Chronograph Mode appears. 
4. Press 'C' again. Calendar Mode appears. 
5. Press 'C' again to return to Time Telling Mode. 




SETTING THE TIME

1. From Time Telling Mode, press and hold 'B' for 2-3 seconds. Seconds flash. Press 'A' to zero out Seconds. 
- NOTE: Zeroing out 30 or more Seconds will automatically add one minute to digital Time Telling.
2. Press 'B'; Minutes flash. Press 'A' to advance the Minutes. 
 3. Press 'B'; Hours flash. Press 'A' to advance the Hour. 




12/24 HOUR (MILITARY) TIME

4. Press 'B'; '12' flashes to indicate 12/24 Hour Format Setting. Press 'A' once. '24' flashes to indicate 24 Hour Time Format. Press 'A' again to return to normal 12 Hour Format. 

5. Press 'B' to end setting sequence and to return to Time Telling Mode. 


SETTING THE CALENDAR

1. From Calendar Mode, press and hold 'B' for 2-3 seconds. Date flashes. Press 'A' to advance the Date. 
2. Press 'B'; Months flash. Press 'A' to advance the Month. 
3. Press 'B'; Day flashes. Press 'A' to advance the Day. 
4. Press 'B' to end setting sequence.
5. Press 'C' once to return to Time Telling Mode.


SETTING THE ALARM

1. From Time Telling Mode, press 'C' once to obtain Alarm Mode. 
2. Press and hold 'B' for 2-3 seconds. Alarm Hours flash. Press 'A' to advance the Hour. 
3. Press 'B'; Alarm Minutes flash. Press 'A' to advance the Minutes. 
4. Press 'B' to end setting sequence.
5. Press 'C' three times to return to Time Telling Mode.

ACTIVATING/DEACTIVATING 24 HOUR ALARM

1. From Time Telling Mode, press 'C' once to obtain Alarm Mode. 
2. Press 'A' once. Alarm Symbol appears on the left side of the display to indicate the Alarm is activated and will sound at the preset Alarm Time for 20 seconds or until any button is pressed.
3. Press 'A' to deactivate the Alarm.
4. Press 'C' three times to return to Time Telling Mode.

ACTIVATING THE ALARM AND HOURLY CHIME

1. From Time Telling Mode, press and hold 'A': At the same time, press 'B': Hourly Chime symbol appears on the left side of the display to indicate the Hourly Chime is activated and will now sound a beep every hour on the hour. 
2. Repeat above procedure to deactivate Hourly Chime.

CHRONOGRAPH

1. From Time Telling Mode, press 'C' twice to obtain the Chronograph Mode.
 2. Press 'A' to start timing.
 3. Press 'A' again to stop timing.
 4. Press 'B' to reset to zero.
- LAP TIME**
5. To calculate a competitor's lap time, press 'A' to begin timing.
 6. Press 'B' to freeze competitor's lap time. Internal stopwatch is still counting.
 7. Press 'A' to freeze competitor's final time.
 8. Press 'B': Competitor's elapsed time will be revealed.
 9. Press 'B' again to reset to zero.
 10. Press 'C' twice to return to Time Telling Mode.

WATER RESISTANCE

This is a WATER RESISTANT watch. Do not operate the push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with same or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

Dear Customer:

Help your watch/jewelry retailer protect our environment by properly recycling the button cell battery in your watch. Professional jewelers and watch retailers are best equipped to replace the battery in your watch without damage to the watch case and movement inside. They have the specialized tools and experience to do the job right. Inexperienced people can scar the case and damage the water resistant seal – voiding your warranty.

It is important to recycle your watch battery in an environmentally safe way. Watch batteries contain very small amounts of mercury, which is required to prevent corrosion of the battery and damage to your watch. There is no danger to you or your watch from the mercury because it is in the sealed battery. But you need to recycle your watch battery properly. Your professional watch/jewelry retailer is the best person to do this for you. These professionals collect used batteries and recycle them through licensed waste management companies.

Do our environment and your watch a favor. Ask your watch/jewelry professional to replace your battery when it expires.